

# Week Commencing 3rd October 2022

## MONDAY

Fishcakes WF  
Veggie Fingers DW

Mashed Potato D

Sweetcorn  
Spaghetti Hoops W

Flapjack W

Choice of fresh fruit and yoghurts

## TUESDAY

Pork Casserole  
Ratatouille Pasta Bake D

Diced Potatoes

Broccoli  
Baby Corn

Salad Bar

Fruit Smoothie D

Choice of fresh fruit and yoghurts

## WEDNESDAY

Roast Chicken  
Quorn Fillet W

Roast Potatoes  
Mashed Potatoes D

Carrots  
Cauliflower Cheese DW

Iced-Sponge WE

Choice of fresh fruit and yoghurts

## THURSDAY

Beefburger W  
Veggie Burger W

Chips  
Mashed Potato D  
Bap W

Baked Beans  
Peas

Cookies W  
Milk Shake D

Choice of fresh fruit and yoghurts

## FRIDAY

Mild Chilli Con Carne  
Veggie Con Carne

Rice

Green Beans  
Baby Carrots

Selection of Hot & Cold Deserts

Choice of fresh fruit and yoghurts

D-Dairy  
W-Wheat  
E-Eggs  
F-Fish